

Radiance Surgery Center
Patient Preoperative Information

Scheduling Your Surgery

- Your physician has discussed your surgery with you and scheduled it with RSC.
- Be aware of any changes in your physical condition - such as sore throat, cold, or fever prior to your surgery. Consult your physician if any changes occur.
- Pre-operative testing should be done between **14-21 days** (if possible) prior to surgery.
- The Surgery Center will contact you the day before surgery. You must be available so we can confirm what time you need to be at the center and review your pre-operative instructions. **Sometimes the calls do not start until 4:00pm, please be patient. If you do not speak to someone you can call (412)-220-2336.**

The Night Before Your Surgery

- Please do not eat or drink anything after midnight the night before surgery: including gum, water, mints, or vitamins unless your physician has given you special instructions stating otherwise.
- This is very important for your safety.
- If you do not follow this rule, your procedure may have to be delayed or rescheduled.
- If your child is having surgery, your physician will discuss special feeding instructions.

The Morning Of your Surgery

If you are taking prescribed medications, you must take all of your medications with a sip of water the morning of you surgery unless otherwise stated by your physician.

- DO NOT eat or drink anything in the morning, unless you have been given special instructions stating otherwise.
- DO NOT wear jewelry or watches.
- DO wear comfortable clothing that you can change easily and will not bind the site of your surgery.
- DO leave valuables at home.
- DO remember to bring your insurance card with you.
- DO be here at the time instructed by the pre-operative nurse to complete your admission forms, sign your consent, and to visit with your anesthesiologist. Your anesthesiologist will discuss your procedure with you, tell you exactly what will happen before, during, and after your surgery, and answer any remaining questions you might have.
- DO bring a friend or family member to wait for you during surgery. Persons under 18 years of age must have a parent or legal guardian with them to sign the consent forms.

After Your Surgery

- You will rest in our recovery room under the care of specially trained nurses.
- Your anesthesiologist will monitor your condition.
- You may be sleepy or dizzy after your surgery.
- **YOU MUST HAVE A RESPONSIBLE ADULT WITH YOU TO DRIVE YOU HOME.**
- Nurses and physicians will answer your questions and give you instructions.
- You will receive a written copy of these instructions. Please follow them carefully.
- Be prepared to go home and finish your recovery there.
- Have someone plan to stay at home with you through the night.
- DO NOT make any important decisions, drive, or operate machinery for 24-hours after your surgery.

When You Get Home

- Patients often experience minor after effects following anesthesia, such as drowsiness, muscle aches, a sore throat, headaches, or dizziness.
- Nausea may also be present, but vomiting is less common.
- These side effects decline rapidly in the hours following surgery, but may take several days before they are gone completely.
- The majority of patients do not feel up to their typical activities the next day, usually due to tiredness or surgical discomfort.
- Plan to take it easy for a few days until you feel back to normal.
- Know that a period of recovery at home is common and is to be expected.
- Contact your surgeon if you have questions about your discharge instructions. You will be given discharge instructions before you are discharged from the center. You are urged to follow these instructions carefully.

Your Fee

- Radiance Surgery Center charges a facility fee.
- This includes charges for the operating room, recovery room, and other services during your stay.
- This DOES NOT include fees charged by your surgeon, anesthesiologist, pathologist, radiologist, or miscellaneous charged items that would be billed separately, if applicable.
- Contact your Insurance Company in advance if you have any questions regarding coverage.

**"We are committed to making your surgery as easy and convenient as possible"
"Thank you for choosing to have your surgery with us"**

